

Nursing Theory and Practice I

Introduction to Nursing:

- Supervised Clinical Observation
- Nursing Science
- Nursing Care of the Patient
- Basic Nursing Care and Needs of the patient

First Aid:

- Introduction
- Importance of first aid and rules of first aid
- Concept of emergency
- First Aid in Emergency situations
- Community Emergencies and Resources
- Community Emergencies

Personal Hygiene:

- Introduction
- Concept of Health and its relation to successful living
- Maintenance of Health
- Physical Health

Nutrition:

- Introduction
- Classification of food
- Normal dietary requirements and deficiency diseases of the constituents of food
- Preparation, Preservation and Storage of Food
- Introduction to Diet Therapy
- Community Nutrition
- Common Preparations and Practicals

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INCON 2002:

NURSING encompasses autonomous and collaborative care of individuals of all ages, families, groups and communities, sick or well, and in all settings. Nursing includes the promotion of health, prevention of illness, and the care of ill, disabled and dying people. Advocacy, promotion of a safe environment, research, participation in shaping health policy and in patient and health systems management, and education are also key nursing roles.

Definition - Context -